

CANNON NEWS

Francis Cannon VFW Post 7589
Manassas, Virginia
February 2025



C. D. (Doc) Crouch

First place Voice of Democracy winner Chris Qian received a \$5000 award at the Winter awards ceremony.

In This Issue:

VFW Foundation Warmly Welcomes New Executive Director
Photos from the Winter COA meeting and Education Awards Banquet
VFW / JLC Day on the Hill
2 Virginia Universities offer free legal services to veterans
Lewis B. Puller, Jr. Veterans Benefits Clinic
Virginia Veterans Network
Protect your VA Claim from Predators
Order your 2025—2026 Commander Shirt
VFW State Commander's and Auxiliary President's Homecoming

CANNON NEWS—Multiple award winner at both the State and National levels, including 2024 National Grand Award.

Commander's Message



Wayne Moore

**BLACK HISTORY MONTH
A SKILLED ORATOR IS TWICE AS
DANGEROUS AS TWO UNSKILLED
BUTCHERS**

Intellectuals are purveyors of ideas and influence on politics and the public square without consequence or regard to their area of expertise, experience, or limited knowledge. (Biologically, Races do not exist. But were created as a social construct to satisfy those who believed it to be manifest destiny.) His-

tory has shown constant changes to justify classification theories and subjugation. Carl Von Linnaeus, an American anthropologist (1735), divided humanity into four (4) families: Homo Americanus, Europaeus, Asiaticus, and Africanus, base skin color and accepted as divine wisdom. Words have life, as their meaning can evolve and change over time. Today's labeling conflicts with so-called races and nationalities, birthplace, and cultural differences for acceptance and social status. The Negroid (Blacks as it were) covers the spectrum of humanity, yet within the collective, discrimination continues based on the hue of one's skin.

"A Mind that knows Itself, Value Itself, and Understands Itself Cannot Be Enslaved."

I love being Black.

By: Smokey Robinson

I love being called Black.

I love being an American.

I love being a Black American, but as a Black man in this country I think it's a shame

That every few years we get a change of name.

Since those first ships arrived here from Africa that came across the sea

There were already Black men in this country who were free.

And as for those that came over here on those terrible boats,

They were called niggah and slave

And told what to do and how to behave.

And then master started trippin' and doing his midnight tippin',

Down to the slave shacks where he forced he and Great-Great Grandma to

be together,

And if Great-Great Grandpa protested, he got tarred and feathered.

And at the same time, the Black men in the country who were free,

(Continued on page 5)

Auxiliary President



Mary Corkhill



On Friday, February 14, 2025, we will celebrate Valentine's Day. A romantic holiday known as the time to show appreciation for friends and

families with bouquets of flowers, candy, gifts, and hard-to-get dinner reservations. Enjoy the day.

Presidents' Day is a celebration in all its patriotic glory on Monday, February 17, 2025. This day is a celebration of birth-

days for all U.S. presidents.

The next District meeting will be February 1st at Post 2524, 12210 Sperryville Pike, Culpeper starting at 10:00AM with the Scholarship & Teacher Awards. There will be an audit at 9:30AM before the joint session.

The Continuing Education Scholarship is for Auxiliary members and their immediate families who are pursuing a college degree or a career direction at a vocational or technical school. The application **MUST** be submitted to National Headquarters by February 15, 2025.

The VFW Legislative Conference and Voice of Democracy Parade of Winners will be held in Washington D.C. from March 1-6, 2025. We wish the Virginia recipient the best of luck.

The deadline of March 31, 2025 is fast approaching for several Auxiliary contests for the youth. There are three categories for the **Illustrating America Art** Contest for students in grades 1-8. **The Young American Creative Patriotic Art** scholarship program for the high school students (9-12) has two categories, 2-dimensional and 3-dimensional and there are awards for both. Please contact any Post or Auxiliary member to submit an entry.

The Department Commander and President Homecoming is scheduled for March 22, 2025 at Post 2447, 100 Veterans Way, Edinburg, VA. The VFW has blocked off some rooms at the Holiday Inn Express, 1130 Motel Drive, Woodstock, VA. Phone: 540-459-5000 with the room rates of \$110.00 (available for Friday and Saturday night). Cutoff date is Saturday, February 1, 2025. Come join in the fun.

On January 7, 2025 the VFW National Home kicked-off a year of celebrations honoring 100 years of service to Veterans and their families. Other events include Anniversary Celebration Gala - February 8, 2025, Community Celebration - June 28, 2025 and Anniversary Bus Tours - August 13, 2025. Purchasing a Life membership for \$50 would assist them in their daily operation. If you know of anyone who needs assistance, please contact the home at 800/313-4200 or info@vfnationalhome.org.

I hope you had a wonderful Holiday Season and you are staying warm and healthy. Please keep individuals who are ill, hospitalized or have gone to their heavenly home in your prayers. May God Bless you!!

Respectfully,
Mary Corkhill
VFW Auxiliary President



Youth Committee



Lou Filippone

Our last Youth Committee meeting was held at the Post on Monday, January 13, 2025. In attendance were Comrades Alex and Tina Bliem, Auxiliary President Mary Corkhill, and myself, Youth Committee Chair Lou Filippone. During the meeting, we discussed upcoming events, contests, and initiatives, as well as how we can continue supporting the youth in our community.

We are currently conducting the VFW Scout of the Year and Cadet of the Year contests and are looking for applicants. The Scout of the Year Contest is open to Scouts who have earned the Eagle Rank, Gold Award, Summit Award, or an equivalent in Sea Scouts. The Cadet of the Year Contest, a new addition this year, is for accomplished JROTC Cadets. Both contests award the winners with a certificate and scholarship. The deadline for these contests is March 1, 2025, so if you know any Scouts or Cadets who would be interested, please have them contact us for an application.

In addition to these recognition contests, the VFW Auxiliary is hosting the Patriotic Art Contest for high school students and the Illustrating Art Across America Contest for students in grades 1-8. These contests encourage students to reflect on American values and patriotism through their artwork. The deadline for art submissions is March 31, 2025. Again, if you know any young people who may want to participate, please reach out to us for more details or to request an application.

Looking ahead, we also want to remind everyone of the upcoming Spring Flag Retirement Ceremony, which will be held on May 10, 2025, at the Post. This is a solemn and memorable ceremony where we will properly retire flags that have become worn or damaged. It's an important tradition to honor the flag and all it represents. We encourage all members to attend, if possible, and show respect for this meaningful occasion. If you would like to help with the ceremony, please speak to any member of the Youth Committee, and we will gladly sign you up. Further details about the event will be included in the next newsletter.

In other updates, Junior Vice Commander Ron Link is currently working on the runner-up certificates for this year's Post Patriot's Pen and Voice of Democracy students. These certificates will be distributed shortly to recognize the efforts and achievements of those students who participated in these important programs.

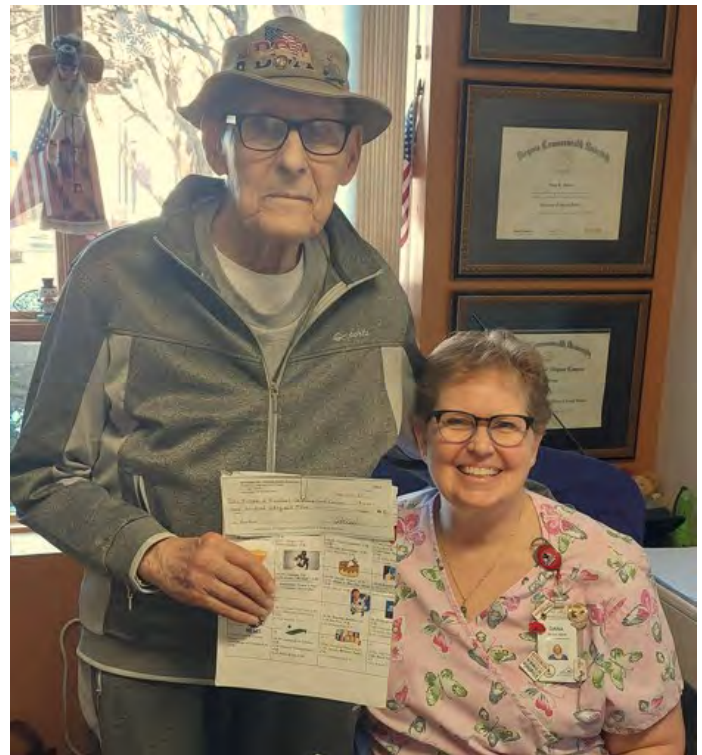
Regarding the Comrade Paul Chase Youth Fund, there

have been no new requests for funding at this time.

We also have some exciting activities coming up for our Post-sponsored Troop and Pack 1372. One of the highlights is the Montage Mountain, Pennsylvania ski trip on February 15, 2025. This will be a great opportunity for our Scouts to enjoy some winter fun and build camaraderie. For more information about Scouting activities, Comrades Alex and Tina Bliem will be providing additional updates in their future articles, so be sure to look out for those.

Lastly, our next Youth Committee meeting will be held on Thursday, February 20, 2025, at 7:00 PM at the Post. We encourage all members to join us as we continue our efforts to promote patriotism and support the youth in our community. Your involvement and support are key to making these programs a success.

With best regards,
Lou Filippone
Youth Committee Chair



Past Post Cdr./Chaplain Ron Knowles presented Sitter & Barfoot Living Center with a \$250 donation for veterans' activities during a visit by Post Cdr. Wayne Moore on 1/9/25. Pics were taken by a staff member.

VFW Foundation Warmly Welcomes New Executive Director

Hal Roesch II brings decades of military, VFW leadership and financial advising experience to coveted role



KANSAS CITY, Mo. (Jan. 2, 2025) – The Veterans of Foreign Wars (VFW) Foundation is thrilled to announce Past National VFW Commander-in-Chief Hal Roesch II as its new executive director. A 501(c)3 nonprofit headquartered in Kansas City, Missouri, the VFW Foundation is instrumental in ensuring the VFW can accomplish its mission of

"honoring the dead by helping the living." Roesch, who is a seasoned VFW leader, has been tasked with overseeing the foundation's accomplishment of philanthropic goals and objectives in support of VFW programs.

"The decision to bring Hal on as the VFW Foundation Executive Director was a no-brainer," said VFW National Commander Al Lipphardt. "His technical expertise combined with his drive and commitment to serving veterans, service members and families is well known, and I have full faith and confidence in his ability to lead the foundation with the same enthusiasm with which he once led the VFW itself."

Roesch served in the United States Air Force from 1982 to 2002 during which time he earned his VFW eligibility through participation in Operations Desert Shield and Desert Storm, as well as Southern Watch. During service, he earned his Associate of Arts in avionics system technology from the Community College of the Air Force. After retiring, he began an equally long career in financial advising with First Command Financial Planning, a firm that specializes in helping military service members and families build long-term financial security. An active VFW member since 1991, Roesch has held numerous elected and appointed leadership positions from the post through national levels including VFW Department of Virginia Commander from 2008-2009, National Council of Administration member from 2010-2012, and Inspector General from 2016-2017 before his election and installation as VFW Commander-in-Chief in 2020.

"I am deeply honored to step into the role of Executive Director for the VFW Foundation," said VFW Past National Commander Hal Roesch, now VFW Foundation Executive Director. "With 34 years of experience in the VFW and the privilege of serving as Commander-in-Chief from 2020-2021, I have dedicated my life to supporting veterans and their families. During the challenging COVID-19 period, I pursued a certificate in Non-Profit Management to further enhance my ability to lead and serve effectively," Roesch continued. "I am committed to bringing my extensive VFW experience and passion for service to this position, ensuring the foundation continues its critical mission of supporting the VFW while they serve our veterans, military and their families."

He assumed his new role on January 1, 2025.



Facebook / Jeff Carroll

VFW Commander in Chief Al (the real deal) Lipphardt and Carol Lipphardt at the January 20, 2025 inauguration of President Donald Trump

Chris Mulholland



January 24 at 11:50 AM, Chris passed away peacefully at home after fighting a nearly 5-year battle with ALS. He was loved by many and touched countless lives through Family, Faith, and his leadership in Soccer, Marine Corps, Scouts, Knights of Columbus, Veterans of Foreign Wars, the ALS Community and many more.

Many of us knew Chris. He attended many VFW functions and in the face of all the adversity always kept a positive attitude. He was an inspiration to us all and will be missed. RIP Chris, you are free now.

Manassas Ballet Theatre



would like to invite all VFW members and their families to our upcoming production of LOVE. We have three shows to choose from, Friday, March 7 @ 7:30pm, Saturday, March 8 @ 7:30 & Sunday, March 9 @ 3:00pm. Everyone will receive 20% off the ticket price. Just use the code **LOVE20**. Attached is a link with all the information:

<https://manassasballet.org/love/>

(Continued from page 2)

Were mating with the tribes like the Apache and the Cherokee.

And as a result of all that, we're a parade of every shade.

And as in this late day and age, you can be sure,

They ain't too many of us in this country whose bloodline is pure.

But, according to a geological, geographical, genealogy study published

in Time Magazine,

The Black African people were the first on the scene,

So for what it's worth, the Black African people were the first on earth

And through migration, our characteristics started to change, and rearrange,

To adapt to whatever climate we migrated to.

And that's how I became me, and you became you.

So, if we gonna go back, let's go all the way back,

And if Adam was Black and Eve was Black,

Then that kind of makes it a natural fact that everybody in America is an African American.

Everybody in Europe is an African European; everybody in the Orient is an African Asian

And so on and so on,

That is, if the origin of man is what we're gonna go on.

And if one drop of Black blood makes you Black like they say,

Then everybody's Black anyway.

So quit trying to change my identity.

I'm already who I was meant to be

I'm a Black American, born and raised.

And brother James Brown wrote a wonderful phrase,

"Say it loud, I'm Black and I'm proud! Say it loud, I'm Black and I'm proud!"

Cause I'm proud to be Black and I ain't never lived in Africa,

And 'cause my Great-Great Granddaddy on my Daddy's side did, don't mean I want to go back.

Now I have nothing against Africa,

It's where some of the most beautiful places and people in the world are found.

But I've been blessed to go a lot of places in this world,

And if you ask me where I choose to live, I pick America, hands down.

Now, by and by, we were called Negroes, and after while, that

name has vanished.

Anyway, Negro is just how you say "black" in Spanish.

Then, we were called colored, but shit, everybody's one color or another,

And I think it's a shame that we hold that against each other.

And it seems like we reverted back to a time when being called Black was an insult,

Even if it was another Black man who said it, a fight would result,

Cause we've been so brainwashed that Black was wrong,

So that even the yellow niggahs and black niggahs couldn't get along.

But then, came the 1960s when we struggled and died to be called equal and Black,

And we walked with pride with our heads held high and our shoulders pushed back,

And Black was beautiful.

But, I guess that wasn't good enough,

Cause now here they come with some other stuff.

Who comes up with this shit anyway?

Was it one, or a group of niggahs sitting around one day?

Feelin' a little insecure again about being called Black

And decided that African American sounded a little more exotic.

Well, I think you were being a little more neurotic.

It's that same mentality that got "Amos and Andy" put off the air,

Cause' they were embarrassed about the way the character's spoke.

And as a result of that action, a lot of wonderful Black actors ended up broke.

When we were just laughin' and have fun about ourselves.

So I say, "fuck you, if you can't take a joke."

You didn't see the "Beverly Hillbilly's" being protested by white folks.

And if you think, that cause you think that being called African American set all Black people's mind at ease.....

Since we affectionately call each other "niggah",

I affectionately say to you, "niggah Please".

How come I didn't get the chance to vote on who I'd like to be?

Who gave you the right to make that decision for me?

I ain't under your rule or in your dominion

(Continued on page 6)

(Continued from page 5)

And I am entitled to my own opinion.

Now there are some African Americans here,

But they recently moved here from places like Kenya, Ethiopia, Zambia, Zimbabwe, and Zaire.

But, now the brother who's family has lived in the country for generations,

Occupying space in all the locations

New York, Miami, L.A., Detroit, Chicago-

Even if he's wearing a dashiki and sporting an afro.

And, if you go to Africa in search of your race,

You'll find out quick you're not an African American,

You're just a Black American in Africa takin' up space.

Why you keep trying to attach yourself to a continent,

Where if you got the chance and you went,

Most people there wouldn't even claim you as one of them; as a pure bred daughter or son of them.

Your heritage is right here now, no matter what you call yourself or what you say

And a lot of people died to make it that way.

And if you think America is a leader on inequality and suffering and grievin'

How come there so many people comin' and so few leavin'?

Rather than all this 'find fault with America' that you promotin',

If you want to change something, use your privilege, get to the polls!

Commence to votin'!

God knows we've earned the right to be called American Americans and be free at last.

And rather than you movin' forward progress, you dwelling in the past.

We've struggled too long; we've come too far.

Instead of focusing on who we were, let's be proud of who we are.

We are the only people whose name is always a trend.

When is this shit gonna end?

Look at all the different colors of our skin-

Black is not our color. It's our core.

It's what we been livin' and fightin' and dyin' for.

But if you choose to be called African American and that's your preference

Then I 'll give you that reference

But I know on this issue I don't stand alone on my own and if I do, then let me be me

And I'd appreciate it if when you see me, you'd say, "there goes a man who says it loud I'm Black. I'm Black. I'm a Black American, and I'm proud

Cause I love being an American. And I love being Black. I love being

called Black.

Yeah, I said it, and I don't take it back."

Smokey Robinson

https://youtu.be/AbjZx_G6GAo

The winter council of administration meeting — January 10—11, 2025

Photos by C. D. (Doc) Crouch



Past CIC Hal Roesch and State Commander Mitch Rubenstein



Mitch Rubenstein with Auxiliary President Dawn Kuhn



The Auxiliary delegation persuaded PSC Butch Schupska to donate part of his 50:50 winnings



Resolutions Chair Connie Agresti gives his report



Several gaming vendors had displays of their latest offerings.



The annual youth and teacher awards banquet — January 11, 2025

Photos by C. D. (Doc) Crouch



Opening ceremonies at the well attended annual awards banquet



The VFW and Auxiliary delegation with Patriots Pen winner Jordan Yapunchich



(L-R) Mary Corkhill, Dawn Kuhn, Mitch Rubenstein, Teacher of the Year K-5, Ray Delpesche, Chris Birch and Steve Hunt



(L-R) Mary Corkhill, Dawn Kuhn, Mitch Rubenstein, Patriots Pen winner Cole Nicholson, Todd Taylor, Sherri Moore and Ben Guinan



Patriots Pen winner Jordan Yapunchich



Teacher of the Year 9-12 Tejas Petal



Teacher of the Year 6-8



Master of Ceremonies State JVC Mark Maggio

VFW / JLC Day on the Hill — January 23, 2025



Part of the VFW team that descended on the Capitol for the Day on the Hill



Monti Zimmerman and Rick Raskin with Delegate Michelle Maldonado



The team with Delegate Brianna Sewell



State JVC Mark Maggio, PSC Rick Raskin and Legislative Committee member Monti Zimmerman with Congresswoman Lashrecse Aird



VFW members made a strong showing at a hearing at the House of Delegates

2025 JLC Initiatives

- **JLC 2025-01:** Verification of Veteran Status, Arrest, Jails and Prisons
- **JLC 2025-02:** Stop Unscrupulous Firms from Exploiting Veterans
- **JLC 2025-03:** Virginia National Guard Tuition
- **JLC 2025-04:** Suffolk State Veterans Cemetery Expansion
- **JLC 2025-05:** Women Veterans Day

2 Virginia Universities offer free legal services to veterans.

George Mason University and William & Mary Law School provide free legal consultation for veterans with VA claims



Celebrating 20 years of providing FREE legal assistance to our active duty military, their families and veterans.

<https://mvets.law.gmu.edu/>

Situated less than 4 miles from the Pentagon, on the doorstep of the nation's capital, and neighbor to several major military installations, George Mason prides itself on its commitment and support of those who wear or have worn a uniform in service to our nation.

Direct evidence of that commitment and support can be found in the law school's Mason Veterans and Servicemembers Legal Clinic (M-VETS). Founded in 2004 as the Clinic for Legal Assistance to Servicemembers and Veterans, its establishment was unique in legal education and has subsequently served as a model for the founding of other servicemembers and veterans clinics at law schools across the nation.

M-VETS enables Mason law students to assist servicemembers, veterans, and dependent family members in a wide variety of litigation and non-litigation matters. Since its inception, clinic students have assisted hundreds of clients from all five branches of the armed services. M-VETS provides services for administrative and military law and entitlements matters, medical and physical evaluation boards, discharge upgrade and military records correction applications before Discharge Review Boards, and Boards for Corrections of Military Records. M-VETS also provides assistance related to the appeal of initial (partial or total) denials of Department of Veterans Affairs disability compensation claims, the filing of requests for increases in ratings, and appeals to the Board of Veterans Appeals and the Court of Appeals for Veterans Claims. These M-VETS services are not restricted by the State of residence.

M-VETS relies on private donations and is grateful to the individuals, corporations, and foundations who have generously provided support to the clinic:



**DON'T
FEED
THE
SHARKS**

Lewis B. Puller, Jr. Veterans Benefits Clinic

https://law.wm.edu/academics/programs/jd/electives/clinics/clinics_list/veterans/

William & Mary's connections to the military date back to its earliest days as a College, when 17-year-old George Washington received his first surveyor's license through the College and returned after the Revolutionary War to become its first American chancellor. As the oldest law school in the nation, William & Mary Law School prides itself on its long service to the nation, and the Veterans Benefits Clinic is another demonstration of William & Mary's commitment to its community.

The Lewis B. Puller, Jr. Veterans Benefits Clinic offers students the opportunity to assist veterans with filing claims for disability compensation with the Department of Veterans Affairs. Under attorney supervision, clinic students have the opportunity to interview clients, analyze medical records, communicate with health care providers, and craft strategies to help clients receive disability compensation. These services can have life-changing effects on the veterans we serve.

In recognition that veterans disability issues go beyond their legal claims for benefits, William & Mary Law School has partnered with Virginia Commonwealth University's Center for Psychological Services and Development to help veterans address all of the health and disability concerns that may arise from their service to our nation.

Our contact information is:

The Lewis B. Puller, Jr. Veterans Benefits Clinic
William & Mary Law School
P.O. Box 8795
Williamsburg, Virginia 23187-8795
(757) 221-7443
veterans@wm.edu

The Puller Clinic relies on private donations and is grateful to the individuals, corporations and foundations who have provided generous support, including William & Mary Law School Classes of 1974 (Lewis B. Puller, Jr.'s class) and 1984.

*If you wish to make a gift to help this vital work continue, please click [here](#). We encourage you to honor a fellow Veteran, or support one of the law students doing this important work, today.



The **Gold Standard** of Service
for Veterans and their Families

Connect to
hundreds of local
services and resources.



For more information about
the Virginia Veterans Network,
visit **dvs.virginia.gov**.

VETERANS: PROTECT YOUR BENEFITS FROM CLAIMS PREDATORS

December 17, 2024



The process of applying for VA benefits can be complex, and we understand that Veterans often rely on assistance to navigate the process. Unfortunately, among some of the resources, there are claims predators who take advantage of Veterans and their vulnerabilities by offering help with their benefits claims while exploiting their trust and financial resources. These claims predators are a serious concern, but with proper knowledge and vigilance, Veterans can defend themselves against such aggressive exploitative tactics.

To avoid falling victim to claims predators' scams, VA advises Veterans to take the following precautions when applying for VA benefits:

- Don't pay unlawful fees: You should never pay a fee to file an initial claim for benefits. It is unlawful for anyone to charge a claimant a fee for preparing an initial claim.

Empower yourself: Knowledge is your best defense against claims predators. Take the time to understand the benefits you are entitled to, the [VA claims process](#) and the resources available. Be aware of any policy changes affecting your benefits and stay informed of [scams targeting them](#). By keeping yourself informed, you can make educated decisions and avoid scams.

Seek reputable assistance: Working with [VA accredited attorneys, claims agents and VSO representatives](#) is crucial when seeking help with the VA benefits process. Only VA accredited representatives can help you with your benefits claim. By working with VA accredited individuals, you can ensure that you receive the best possible assistance with your claim.

Be cautious of unsolicited offers: Claims predators may contact you via mail, email or phone, claiming to provide you with an expedited claims process or guarantee a 100% disability rating. Remember, only VA can determine disability ratings. If you receive an offer that seems too good to be true, research and [verify the individual's accreditation](#).

Review documents thoroughly: Before signing any documents related to your benefits, carefully review forms, ensure you understand the terms and conditions, and always keep copies for yourself. Watch out for vague language, hidden fees or clauses that could jeopardize your benefits. Do not sign a fee agreement with someone who will not sign a VA representation form ([VA Form 21-22 or 21-22a](#)) and never sign a blank form for someone else to complete later.

Protect your personal identifiable information (PII): Be cautious of sharing sensitive information with unknown or unaccredited individuals and be wary of requests for payment or personal data. Remember, you never have to make fee payments yourself for any supplemental claim, higher-level review or appeal to the Board. You can use a [direct-payment fee agreement](#) where VA will send a portion of past-due benefits awarded to the claimant to pay the representative for you. If someone is unwilling to be paid that way, you should question why.

- Report suspicious activity: If you suspect a representative acted unlawfully or unethically while assisting you in filing a VA benefits claim, file a report and learn more at www.vsafe.gov or by calling 833-38V-SAFE.

Safeguarding your benefits from claims predators requires vigilance, knowledge and proactive measures. By staying informed, seeking [reputable assistance](#) and recognizing the warning signs, you can defend yourself against claims predators and ensure you receive the benefits you have rightfully earned. Check out VA's [fraud prevention page](#) to learn more.

Article Source: <https://news.va.gov/135597/veterans-protect-your-benefits-from-claims-predators/>



Veterans of Foreign Wars
Department Commander Shirt
2025-2026



Pre- order forms must be sent to **Department Headquarters**
no later than March 21, 2025 for VFW members

*Additional Shirts for the VFW members will be available
to order at the 2025 June Convention.*

Cost: Small – Extra Large: \$35.00 2XL: \$36.00 3XL: \$37.00

Name: _____ Size: ____ Number of Shirts: _____

Address: _____

Phone: _____ Post # _____ District # _____

*If you are unable to pick up your shirt at June 2024 Department Convention and have not made pri-
or arrangements to have it picked up. Please add \$9.00 for shipping.*

Make checks Payable to: Department of Virginia VFW
For: Commander Shirt 2025-2026

Send Form to: Veterans of Foreign Wars
Department of Virginia
403 Lee Jackson Hwy
Staunton, VA 22401

VFW State Commander & Auxiliary President's Homecoming
Saturday, March 22nd, 2025
VFW POST 2447 100 Veterans Way, Edinburg, VA 22824



This is a FREE EVENT. We encourage everyone to join us in celebrating our year.

Hotel Information: Holiday Inn Express

11300 Motel Drive, Woodstock, VA 22664 540-459-5000

\$110.00 a night, special rate rooms blocked until February 21st, 2025, regular rates will start after the 2/21/2025 Call now to reserve a room while they last.

Arrivals: Can begin on Friday, March 21st, 2025, and Depart on Sunday, 23rd, 2025

Dress: Casual– Black & Gray Shirt, if you have one.

Cocktail Hour: 3:00-4:00 pm (hors D'oeuvres will be served)

It will be a Cash Bar - 2 free drink tickets will be issued for attendance.

Dinner: 4:00-6:00pm

**Menu: Ribs, Chicken, Cole Slaw, Baked Beans, Macaroni & Cheese, Rolls, Dessert.
Tea, Water, Soda, and Lemonade**

DJ: 7:00pm-9:00pm

Please contact Liz Wilson by email lizwilson3456@gmail.com by March 10, 2025, to register for this event. We appreciate your help in this enables us to have a head count for the food.



2025 Veterans Benefits Guide Now Available

Don't miss out on what you've earned—check out the "2025 VA Federal Benefits Guide for Veterans, Dependents, Survivors, and Caregivers" handbook to learn more.

ACCESS THE FREE GUIDE

**Veterans
Crisis Line**
1-800-273-8255 **PRESS 1**

Confidential chat at VeteransCrisisLine.net
or text to **838255**

Post 7589 Service Officer

Monti Zimmerman

703-223-2211

The VFW National Home for Children

The VFW National Home for Children offers a once in a lifetime **opportunity** for military and veteran related families.

If you know of a family in your community that could use our help, please encourage them to call!

We are currently accepting new resident families into our program.
Most qualify to apply.
Caring staff will help families to determine eligibility.

A Great Place to Call Home!

800-313-4200

Legacy Life membership

This prestigious program is available to all Life members and is now available in memoriam for past Life members. There are three levels of membership; each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

Enrollment Cost:

Annual Payouts:

<u>Levels</u>	<u>Posts</u>	<u>Departments</u>	<u>National</u>
Gold-	\$1,200.00	\$18.00	\$18.00
Silver-	\$800.00	\$12.00	\$12.00
Bronze-	\$400.00	\$6.00	\$6.00

Don't throw away your old laptop or computer.



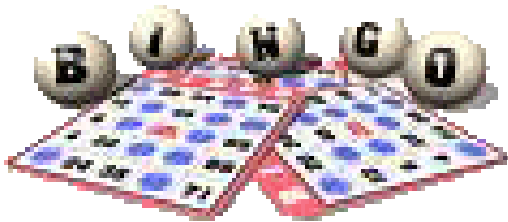
TECH FOR TROOPS
T4T Bring it to the Post and we'll take it to **TECH FOR TROOPS.**

Sorry, we cannot take CRT monitors or Printers.

What T4T needs the most are laptops, desktop computers, tablets, and cell phones.

These devices go to in-need Veterans after data destruction.

T4T guarantees Data Destruction for all devices that could contain data.



**SIGN UP TO JOIN
VFW ACTION CORPS**

RECEIVE OUR WEEKLY E-NEWSLETTER
AND ACTION ALERTS

Use camera mode to scan code



or

Text "VFW" to 50457

or

Visit vfw.org/JoinActionCorps

30 Games Including:

\$750 Jackpot
(Starts with 51 numbers)

Lucky 7 Progressive

90:10 Jackpot
(Prize = 90% of sales)

Pull Tabs & Hard Cards

\$10.00 Bingo Book
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OPEN TO THE PUBLIC

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GAMES START AT 9:15 AM

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**Virginia Department
of
Veterans Services**

Manassas Office

**9300 W. Courthouse Rd.
Suite 305
703-479-7437**

Monday – Friday 8 a.m. – 4:30 p.m.

Appointments only 8:30 – 11:30 a.m. & 1 – 3 p.m.

Closed for lunch daily from 12 - 1 p.m.

CLOSED on the last business day of the month.

<https://www.dvs.virginia.gov/dvs/locations/manassas-benefits-office>

2024-25 Post Officers	
Commander	Wayne Moore
Senior Vice Commander	Lou Filippone
Junior Vice Commander	Ron Link
Quartermaster	Rick Raskin
Chaplain	Monti Zimmerman
1 Year Trustee	Chris Morgan
2 Year Trustee	Lamar Baker
3 Year Trustee	Tina Bliem
Adjutant	Ron Link
Service Officer	Monti Zimmerman
Judge Advocate	Bobby Knight
Surgeon	Alex Bliem

2024-25 Auxiliary Officers	
President	Mary Corkhill
Senior Vice President	Ellie Smith
Junior Vice President	Cindy McIntyre
Secretary	Lorrie Allen Smith
Treasurer	Elanor Doczi
Chaplain	Cookie Cullen
Conductress	Janet Raskin
Guard	Patsy Gough
Trustee 1	Yvonne Sullivan
Trustee 2	Janet Raskin
Trustee 3	Jan Germain
Historians	Jan Germain
	Patsy Gough
	Yvonne Sullivan
Patriotic Instructor	Lorrie Allen Smith

Upcoming Events

February 1	8th District Meeting - Post 2524, Culpeper (PP,VOD & Teacher awards)
February 3	Executive Meeting – 7:00 PM Post Meeting - 7:30 PM
February 10	Auxiliary Meeting - 2:00 PM Youth Committee - 7:00 PM
February 15	Continuing Education Scholarship (Deadline)
February 20	Youth Committee meeting—7:00 PM
February 28 to March 5	VFW Legislative Conference
March 3	Post Meeting - 7:30 PM
March 10	Auxiliary Meeting - 2:00 PM
March 22	State Commander’s and President’s Homecoming — Post 2447, Edinburg Lodging: Holiday Inn Express, 1130 Motel Drive, Woodstock, VA; phone 540-459-5000. Room Rate \$110.00 (available for Friday and Saturday nights) Reservation cutoff date is February 1, 2025.
March 31	Patriotic Arts and Illustrating America art contest (Deadline)

VIRGINIA SENATORS		
Mark Warner		202-224-2023
Tim Kaine		202-224-4024
VIRGINIA REPRESENTATIVES		
Rob Wittman	1st District	202-225-4261
Jennifer Kagans	2nd District	202-225-4215
Bobby Scott	3rd District	202-225-8351
Jennifer McClellan	4th District	202-225-6365
Bob Good	5th District	202-225-4711
Ben Cline	6th District	202-225-5431
Abigail Spanberger	7th District	202-225-2815
Don Beyer	8th District	202-225-4376
Morgan Griffith	9th District	202-225-3861
Jennifer Wexton	10th District	202-225-5136
Gerry Connolly	11th District	202-225-1492



CANNON NEWS

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 Copy Editor: Janet Raskin

Please email articles to quartermaster@vfw7589.org no later than the 28th of the month.
 We reserve the right to edit submitted articles for timeliness, clarity and syntax.