

CANNON NEWS

Francis Cannon VFW Post 7589
Manassas, Virginia
April 2025



Post Cdr. Moore and American Legion Post 1799 Motorcycle Club team up at The Wellington of Lake Manassas on Monday, March 24, 2025, to celebrate the 104th Birthday of Corporal Dennis Dunlap (Ret.) United States Army Air Corps, WWII.

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CANNON NEWS—Multiple award winner at both the State and National levels, including 2024 National Grand Award.

Commander's Message



Wayne Moore

Morality, Politics, and The Righteous

We are the defenders of Democracy, Liberty, and Country. Let me acknowledge that the presidential election is over. My only concern is the country's well-being and its people (all people). Shortsightedness or woeful ignorance seem to have prevailed. Social media vividly reminds us of the failed human tragedies in the pursuit of ethnic or religious cleansing. Yet, there

is a minority who believe they will succeed, whereas all others have not. Some may relish that complexion dictates hierarchy, but the truth is far simpler. The great manipulator is the power of the purse. Russia, China, Uganda, Rwanda, and many other countries don't have racial divides, yet they murder and oppress. However, the have vs. have-nots is as old and pathetic a refrain as the racial struggles within America. The rich use us like checker pieces on a board. Somehow, we feel better about ourselves when allowing the shit to roll downhill.

In my formative years, I learned the history of America and, in recent years, became intrigued by the sacrifices of the men and women of World Wars I and II. This would include Allied nations that participated in America's cause. The end of World War II brought about an 80-year-old alliance that strengthened the United States and Europe, creating a sense of stability. This alliance included the North Atlantic Treaty Organization (NATO). Now it is in jeopardy and to our detriment!

I entered the service in 1967 and enjoyed serving in Iraq and Afghanistan during the latter part of the Cold War. The U.S. expended trillions of dollars in defense during the Cold War, and Russia was its nemesis (I have plenty of pictures). Our friendship ended after World War I, and the hatred started with dismantling the Union of Soviet Socialist Republics (USSR). Putin desires to re-establish the territories lost during the breakup.

Do we go to the defense of Russia? What of Article 5 (an attack against one is an attack on all members) if NATO enters the war to assist Ukraine? Please think of the EU, who will be our Allies, what happens to our Intel Community, our companies supplying armament to Ukraine, or they refuse to support the U.S. because it is not in their best interest. This is far-reaching, with an avalanche-size snowball effect on the economy and world order. Reflect on Iwo Jima or Normandy, the dead lying on the beaches like crabs sunbathing. Which sane combat servicemember can be so lost that the current state of affairs and the promise of an additional 5% tax deduction warrant this shit soup!

Elections have come and gone since George Washington, and anyone awake (before its new meaning) knew that those with money influenced who got elected. There were two distinct notables: 1. The puppet master had the decency to remain obscured, and 2. Despite some being despicable individuals, they were not willing to abrogate loyalty to the country. The few

(Commander continued on page 7)

Auxiliary President



Mary Corkhill

Each spring the excitement of Easter fills the air. Parents color eggs and hide them with chocolate bunnies in their yards so on Easter morning the children can search for these goodies. This year, Easter falls on **Sunday, April 20th.**

At the VFW Legislative Conference, the recipients from across the Nation attended the Voice of Democracy parade of winners. National has announced the themes for 2025-2026 to be the same for both

Voice of Democracy and Patriot's Pen as: **"How Are You Showing Patriotism and Support for Our Country?"**. Within the coming months, we will be promoting these programs.

I want to congratulate the entries from Auxiliary 7589 for their participation in the Patriotic Art and Illustrating America contest. The first-place winners will be forwarded to the Department to be judged. Good luck.

There are two important events scheduled for April. The District meeting at Fredericksburg Post 3103 on Saturday, April 5th starting at 10:00 AM. Election of new District officers is on the agenda. Auxiliary 7589 will hold their election on the 14th with PDP Lorrie Allen-Smith installing the new Officers.

The flag retirement is scheduled for May 10th starting at 10 AM followed by a pizza party for the workers and attending guests.

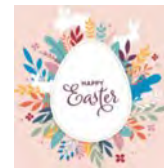
Two wreath laying ceremonies will be held on Memorial Day, Monday, May 26th: First at the Manassas Veterans Memorial (8:30 AM) and then at Francis Cannon's grave (9:00 AM). Flag replacements will follow after Francis Cannon's wreath laying ceremony.

It's that time of the year when the Auxiliary is getting ready for the Department Convention. We would like to thank the Post for their support and the Buddy Poppies donated to complete our display. Just a reminder that Bettina Lane is running for Department Guard. We wish her the best of luck.

For the VFW National Home: I hope you take the opportunity to sign up for a Life Membership for \$50, purchase a personalized Tribute Brick or donate funds to assist with daily operations. The email to sign up is: <https://vfwnationalhome.org/you-canhelp/membership/>. Thank you for your support.

May peace and joy be with you today and every day. Please keep in your prayers all of our members and their families who are facing medical issues, illness, hospitalization and/or have gone to their Heavenly Home.

Respectfully,
Mary Corkhill
VFW Auxiliary President



Youth Committee



Lou Filippone

Dear Comrades and Auxiliary members, we hope this newsletter finds you all happy, healthy, and enjoying the start of spring!

On Thursday, 20 March, we held our latest Youth Committee meeting at the Post. It was a productive gathering attended by Comrades Alex and Tina Bliem, Auxiliary President Mary Corkhill, and myself, Comrade Lou Filippone. Here's a recap of what we discussed:

Scouting Update: Troop 1372 is actively raising funds through their mulch sale fundraiser. The troop is working hard to sell 810 bags of mulch to support their upcoming Goshen Summer Camp expenses. Please help spread the word and support their initiative if you can.

Flag Retirement Receptacle: We are thrilled to announce the arrival of our new stainless-steel flag retirement receptacle. It's beautifully crafted, adorned with an American flag design, and is sure to be a striking addition to our Post grounds. Installation is underway!

Paul Chase Youth Fund: Currently, there are no new funding requests for the Paul Chase Youth Fund. If you know of legitimate youth-related causes, please bring them to our attention. We're dedicated to considering all requests thoroughly.

Scout and Cadet of the Year Ceremony: Mark your calendars for 7 April at 7:00 PM! We'll hold the Scout and Cadet of the Year award ceremony just before the general meeting. Let's show our support for these outstanding young individuals by attending both events.

Patriot's Pen & Voice of Democracy Theme: The theme is the same for both of next year's essay contests: *"How Are You Showing Patriotism and Support for Our Country?"* Stay tuned for more details in the coming months.

Runner-Up Certificates Certificates for last year's essay contest runners-up will be distributed soon. Thank you for your patience as we catch up on this task due to Adjutant Ron Link's health issues.

Art Contests Deadlines The deadlines for the Auxiliary Patriotic Art Contest and Illustrating America Art Contest were 31 March. We hope you were able to submit your entries before the deadline!

Flag Retirement Ceremony Our Semiannual Flag Retirement Ceremony is scheduled for Saturday, 10 May, at 10:00 AM (setup begins at 9:30 AM). If you'd like to volunteer, reach out to any member of the Youth Committee—we'd love to have you join us. Following the ceremony, there will be a **Pizza Party** for the Scouts and volunteers to celebrate their hard work and dedication. We hope to see you there!

JROTC Award Ceremonies Upcoming award ceremonies include:
Osborn Park High School JROTC: Saturday, 5 April at 10:00 AM

Battlefield High School JROTC: Wednesday, 23 April at 6:00 PM We'll proudly present the JROTC Bronze Medal with Certificate at these events.

Next Youth Committee Meeting Our next meeting is Thursday, 17 April, at 7:00 PM at the Post. Join us—we'd love to have you on board.

The rewards of supporting our youth are truly immeasurable.

As we step into spring, we wish you all continued good health, happiness, and wonderful adventures. Thank you for your support and dedication to the Youth Committee and our shared mission.

We are thrilled to share some exciting news regarding one of our remarkable scouts. Krystal Gardner from Troop 1372G has been chosen as the post-level candidate to advance to the district level in the Scout of the Year contest. This esteemed recognition is a testament to her dedication, hard work, and exemplary achievements.

Krystal earned her Eagle Scout award on April 10, 2024. For her Eagle Scout project, she demonstrated outstanding leadership and community service by building three new shotgun racks for the NORVA Rod and Gun Club. This project not only showcased her skills but also her commitment to making a positive impact on our community.

Krystal is a senior in high school, and we are proud to announce that she will be attending Shenandoah University in the fall to pursue a career in nursing. Her future in this noble profession is promising, and we wish her all the success in her academic endeavors.

Your presence will be greatly appreciated as we come together to support and applaud Krystal's remarkable journey. Let us show her the strength and unity of our VFW family.

I am pleased to announce this year's Post 7589 cadet of the Year winner C/LtG1 Phuc Nguyen. He is a member of the VA-20065 corps of cadets at Unity Reed High School. His patriotism is second-to-none and he serves his community with dedication and commitment. He currently has 169+ hours of community service. Phuc has served in a leadership role all four years as a member of Unity Reed's corps which is simply unheard of. Outside of the unit Phuc has been selected to attend the Shenandoah Valley Cadre Leadership Camp at Shepherd University where five JRPTC units with 80+ cadets attend a leadership course. As the unarmed Exhibition Drill team Captain Phuc earned 3 back-to-back Virginia State Championship titles, a first place out of 865 schools as the Unarmed Exhibition Commander at the USAF Nationals Drill Competition in Dayton, Ohio, and earned overall 4th place out of 4000+ schools at the Joint National Championship in Daytona Beach, Florida.

C/LtG1 Phuc Nguyen will advance to the Department JROTC Committee for further review at the Department level. He will be competing against other cadets at the Department level.

Krystal Gardner and C/LtG1 Phuc Nguyen will be recognized at our next Post General Membership Meeting 07 April 2025 at 7:00 PM If you are going to attend the awards presentation, please come early.

Thank you to all those who participated in this year's program.

Sincerely,
Louis Filippone
VFW Post 7589 Youth Committee Chairman

Operation HER Story

By Megan Cate
Post 7589

On Sunday, March 23rd, I took a group of fellow women veterans from Culpeper to an *Operation HER Story* event at the Military Women’s Monument in Arlington.

Operation HER Story seeks to preserve the history of women service members both past and present by registering their stories of service.

I met wonderful women veterans there, to include:

Major General Mari K. Elder, USA Ret
Author, *The Girls Who Stepped Out of Line*

Colonel Edna Cummings, USA Ret.
6888th Central Postal Directory Champion & Author, *A Black Woman’s Rise from Army Brat to Six Triple Eight Champion*

Tracy Salzgeber, USMC Veteran
Author, *The Girl in the Gun Club: My time as One of the Few Good Men*

Women veterans or family members of female veterans may register their story here:

<https://womensmemorial.org/make-herstory/>



Major General Mari K. Elder, USA Ret.



(L-R) Dulce Parker, USAF, Chris Callopy, USAF, Megan Cate, USAF, Grace Williams, USA, Lori Medley, USMC Ret., and Colonel Edna Cummings, USA Ret.



(L-R) Grace Williams, Lori Medley,, Dulce Parker, Megan Cate, and Chris Callopy



Major General Mari K. Elder and Megan Cate



Megan Cate and Tracy Salzgeber, USMC

VFW Launches 79th Annual Youth Scholarship Contests

Middle and high school students compete for share of awards totaling nearly \$2.4 million

KANSAS CITY, Mo. (March 12, 2025) – The Veterans of Foreign Wars (VFW) is now accepting entries for its 79th annual Voice of Democracy and Patriot’s Pen youth scholarship competitions. The 2025-2026 theme asks America’s students **“How Are You Showing Patriotism and Support for Our Country?”**



Established in 1947, the VFW’s Voice of Democracy and Patriot’s Pen essay competitions were created to encourage a better understanding and appreciation for America and to foster patriotism among the nation’s youth. The programs also offer friendly competition as well as reward success in the form of individual scholarships and awards totaling nearly \$2.4 million at the national, state and local levels.

The Voice of Democracy audio-essay competition is open to high school students in ninth through 12th grades and comes with a national first place prize scholarship totaling \$35,000. More than 26,000 high school students worldwide compete in the competition each year for their share of more than \$170,000 in national awards.

First place Voice of Democracy Department (state) winners will also receive an all-expenses-paid trip to attend a Founding Forward Spirit of America Youth Leadership program at Valley Forge, Pennsylvania. Through this inspiring four-day program, students experience mock congressional debates, participate in a free enterprise challenge, visit historical sites, and engage in interactive educational activities.

The VFW’s Patriot’s Pen essay contest is open to eligible sixth, seventh and eighth grade students, with middle schoolers competing for their share of nearly \$1 million in local, state and national awards and prizes. The national first place winner receives a \$5,000 award. More than 60,600 students participate annually in the competition.

Student entries may be submitted (along with a completed entry form) to their local participating VFW Post. The deadline for both contests is **Oct. 31, 2025**.

Read more about the contests, or submit your essay and entry form at your local participating VFW Post

Virginia’s VOD & PP National Winners

Chris Qian, from Richmond, VA, represented the VFW Department of Virginia, and was awarded the \$2,000 Department of Alabama Scholarship & Department of Georgia James H. “Sloppy” Floyd Memorial Scholarship (combined).

Lillie Kenney, from Coveseville, VA, represented the VFW Department of Virginia, and was awarded the \$1,000 Silver Spring Memorial Post 2562 (Dept. of Maryland) Award & Department of Utah Award (combined).



3/22/2025: Rick Raskin, Past State Commander VFW Virginia (R) presents a laptop from Tech for Troops to David Anthony, Quartermaster of VFW Post 9292 in Elkton. VA.

Change to Voice of Democracy Winners' trip

Commanders and Comrades,

While no one likes change there are times when it needs to happen, either because it was forced upon us or because something better comes along that will enhance or improve what has always been done. We no longer fight wars with muskets just as we no longer have a VFW Beauty pageant for young women. Yes, Google it.

Our Congressional Charter calls on us to "Extend the Institutions of American Freedom" and through our Voice of Democracy (VOD) program we have fulfilled that mission for generations. Part of our VOD program for Department winners included an all-expense field trip of our Nation's Capital in Washington D.C. This trip over the years has become less of a truly educational experience and more of a field trip to monuments and buildings.

There have also been challenges in the liability exposure of providing overnight stay, travel and supervision of minors that our own insurance company has stated that we should look at reducing as best as possible our liability exposure before it is forced upon us through a lawsuit.

As such and as is my fiduciary duty (Duty of Care, Loyalty and Obedience) to the VFW I brought forward to the Council of Administration in August of this year an issue with our VOD D.C. Field Trip that had serious liability risk that could have significantly impacted our primary mission of helping veterans and caused great loss of reputational standing within our communities. I asked the Council to allow me to put together a risk assessment that also provided options should the decision be made to eliminate the field trip. This document and the supplement for it is not secret and is included in this email. Your Department National Council Member should have brought this to your Department Mid-Winter as a discussion item.

After careful consideration and in-depth discussion at the Council workshop, the VFW National Council of

Administration has decided to discontinue the annual Voice of Democracy winners' trip to Washington, D.C. and improve and enhance it with the Founding Forward Spirit of America Youth Leadership program located in Valley Forge Pennsylvania. In doing this the Council also significantly reduced our liability exposure as an organization as well as provided financial relief to those Departments that pay for their winner to attend the program at Valley Forge, they also assisted those Departments that do not pay for their winner to attend as the National will cover all the costs associated with the trip. In addition, our sponsor for the VOD program, Twisted X, has wholeheartedly given their blessing to the change

While Washington, D.C., remains a premier international tourist destination, lack of availability of executive and congressional leaders, increasing crowds, heightened security, rising costs along with each winner's medical and family considerations have

greatly hampered the overall student experience. Additionally, the trip has never offered structured educational opportunities about the duties and responsibilities of being an American citizen and why it was worth fighting for such as the program at Valley Forge does.

As a Past State Commander, I walked our Department winner down the aisle at the Parade of Winners event

in D.C. as thousands of Department Commanders have. The Parade of Winners as we know it now is a tradition that we will miss as we look at ways to recognize the winners through a virtual parade once the judging is completed that will include a delegation of VFW leaders.

For those of you unfamiliar with the Spirit of America Youth Leadership program it is a transformative, four-

day residential experience designed to immerse high school students in the foundational principles of American freedom. This unique program enables students to connect with history where it happened, build essential leadership skills, and foster a greater understanding of their roles as citizens.

Throughout the program at the Valley Forge campus, students will engage in a variety of enriching activities,

including mock congressional debates, a free enterprise challenge, historical site visits, and interactive workshops. These activities are designed to sharpen students' critical thinking and leadership abilities while emphasizing their responsibilities as active citizens.

Living on campus, participants will build meaningful relationships with their peers from across the country and explore opportunities to contribute to society, all while learning to find common ground as Americans. The trip will feature several key components to offer a comprehensive educational experience:

- **Engaging Lectures:** Expert speakers will provide thought-provoking presentations on democracy, citizenship and American values, equipping students with invaluable insights.
- **Historical Tours:** Students will visit significant landmarks in Valley Forge and Philadelphia, gaining firsthand knowledge of America's history and the sacrifices made for liberty and democracy.
- **Hands-On Workshops:** Interactive workshops will focus on developing practical skills such as public speaking, critical thinking and collaboration, preparing students to become effective leaders in their communities.
- **Interactive Discussions:** Facilitated discussions will allow students to engage with the material and one another, deepening their understanding of the concepts at hand.

The program enhances students' understanding of key concepts like citizenship, democracy, the free enterprise system, the judicial process and the American political system. By fostering experiential learning, the program encourages engagement with experts and peers alike.

(Continued on page 7)

(Continued from page 6)

This exciting new opportunity promises to shape the next generation of leaders, empowering them with the tools to make meaningful contributions to society.

Change is not easy, especially in the VFW, and this change is designed to improve and enhance our VOD program. Some will lament the old ways of doing things and criticize the change and pound their chests and gnash their teeth and call for the Council to bring back the old ways. My response to those who do so is we don't fight wars with muskets anymore.

Dan West
Adjutant General

(Commander from page 2)

who tried were met with strong opposition, censorship, or jailed by courageous peers. The average American is not woke, but brain dead to the perils that lie ahead for the country. Those who swore to protect and defend this country against all enemies, foreign and domestic, may want to know if this is why millions of us made the sacrifice. We are still a very new republic, and those of the past left clear roadmaps to disaster.

Arbitrarily, veterans are losing their jobs, and many of our healthcare facilities are being understaffed. A few of us may not lose much, but if the Veterans' benefits are diminished, it will eventually affect all. This madness purports to target a specific group under a program where that group obtains the least benefit. The ramifications of the current actions will have a devastating result for veterans in the job market and the medical benefits earned. Veterans comprise approximately one-third of the Federal workforce (Diversity, Equity, and Inclusion (DEI) hire based on our service. Surprise!)

Right now, we have many Veterans' Service Organizations without the expertise or human resources extending themselves to assist our comrades. What happens to those less fortunate: suicidal, mentally ill, unable to get medical/medicine or the assistance they need?

As someone who has raised his hand for over 58 years, pledging allegiance to protect and defend this country, there is precious little I would do to violate my oath or principles. Not long ago, there was outrage because football players were kneeling for human rights. They were castigated, ridiculed, and thought to be ungrateful. Now we have elected and non-elected individuals openly wreaking havoc in every facet of our government, pockets are being filled, and voices are mute. The "Third Reich" salute is now more acceptable than a protest for equality at the highest level of our government. Many aspects of history were covered up and continue to surface. Yet, today, with all the technology and media, idiots are trying to erase or suppress contributions made by minorities. A lie is far more appealing than the truth. Hopefully, we can recognize that what you want to hear, even with a smile, isn't always about love; it could be lust and self-interest!

VA-2025-XX PROPOSED AMENDMENT TO NATIONAL BY- LAWS MANUAL OF PROCEDURE

ARTICLE II – POSTS, Sec. 218 – Officers and Chairmen, Duties and Obligations, (6) Adjutant, (d.)(1.) **A copy of the original application of every member admitted to the Post.**

Change the wording and requirement of this item to read as follows:

(d.)(1.) A copy of an original application for membership shall be kept until that record is successfully processed into the VFW National Database (e.g. OMS), at which time the original application may be kept as a historical record to the Post for Membership. The National Database will be the **record of authority on membership.**

Reasoning for Change:

Membership is not recognized unless the Application for a prospective member has been transmitted to and accepted by VFW National. While OMS is the current online system, it may not always be so and is noted as an example so this change will have longevity within the Manual of Procedure.

Many posts have membership that dates back decades and some posts are quite large requiring the maintenance of in some cases hundreds and thousands of records that have been entered electronically in the VFW National Database already creating a system of duplication.

Not all posts maintain electronic or digital copies of membership forms or have that ability. Posts also do not keep copies of member DD214 or eligibility documents past the point of verifying eligibility unless that member becomes an officer within the VFW per Sec 218 (a)(6)(d)(5). This in turn denotes a series of duplication where VFW National is already the record of authority for membership.

Posts are not notified of transfers and changes to membership. The Adjutant does not have a reasonable expectation to track these changes as that appointed officer and does not have access to reports only provided to the Quartermaster from the VFW National Database.

The VFW National Database should be kept as the record of authority for all membership once an application has been received by the Post and properly transmitted to VFW National and entered into the VFW National Database. It is not intended by this change that the VFW National Database maintains eligibility information for those members and if needed the Post will work with the member or family to provide assistance for this data. At that time the original application processed by VFW National and the member is accepted, the post may keep the application as a historical record.

Virginia District 8 reviewed and approved resolution 2/1/2025

VFW VA's updated position paper on claim sharks

Submitted to the Legislative Committee on March 23.

To be presented by the VFW at the next JLC meeting.

Stop unscrupulous firms from exploiting veterans trying to obtain VA benefits.

Submitted by VFW Department of Virginia

The VFW has continued its advocacy against unaccredited, predatory claims consultants that aggressively advertise and charge veterans for Department of Veterans Affairs (VA) disability claim assistance.

Like many of its companion organizations on the Joint Leadership Council (JLC), the Veterans of Foreign Wars has proudly honored its commitment to all veterans by providing highly trained, certified, quality claims representatives to assist veterans and their survivors in navigating the complex bureaucracy of the U.S. Department of Veterans Affairs (VA) law, rules, and regulations.

The VFW and other accredited Veterans Service Organizations (VSOs) provide this service at no cost, as required under Title 38 of the United States Code.

Charging veterans for initial claims assistance is an illegal practice. Unfortunately, criminal penalties for unaccredited claims agents were eliminated from United States Code nearly twenty years ago, providing a loophole through which these predatory claims agents built this market sector. The VFW has branded these companies "Claim Sharks".

These claim shark companies typically enter into agreements with veterans in which the veteran agrees to pay them a multiple of the disability award, often up to five times the amount. This is a fee structure that is predatory in nature and something we would never accept. Additionally, many of the contracts provide for the claim shark to bill for future increases in benefits even if they had no part in helping the veteran obtain them.

Since they are uncredited with the VA the claim shark cannot file for the veteran or see the computer system that tracks the veteran's claim. The veteran files their own claim with "assistance" from the claim shark and if anything goes wrong, the veteran is solely responsible for the error and could owe the Veterans Administration money. If this action were to be taken by any other actor affecting a consumer it would be considered fraud and be protected by Virginia's consumer protection laws.

Currently, these predatory companies have no accountability, no oversight, and no penalties.

At the National level the VFW has urged Congress to pass legislation to reinstate penalties under Title 38. Until that occurs, if ever, we ask that the Legislature propose legislation that prohibits these Claim Shark companies from operating in Virginia.

The VFW and other VSOs draw no benefit from this proposed legislation. In fact, it promises to increase the workload for VA-Certified Service Officers; but it will do so while protecting the integrity of the VA system and the privacy and security of veterans' personal and health data.



The **Gold Standard** of Service
for Veterans and their Families

Connect to
hundreds of local
services and resources.



For more information about
the Virginia Veterans Network,
visit **dvs.virginia.gov**.

Veterans of Foreign Wars
Department Commander Shirt
2025-2026



Pre- order forms must be sent to **Department Headquarters**
no later than April 21, 2025 for VFW members

*Additional Shirts for the VFW members will be available
to order at the 2025 June Convention.*

Cost: Small – Extra Large: \$35.00 2XL: \$36.00 3XL: \$37.00

Name: _____ Size: ___ Number of Shirts: _____

Address: _____

Phone: _____ Post # _____ District # _____

*If you are unable to pick up your shirt at June 2024 Department Convention and have not made pri-
or arrangements to have it picked up. Please add \$9.00 for shipping.*

Make checks Payable to: Department of Virginia VFW
For: Commander Shirt 2025-2026

Send Form to: Veterans of Foreign Wars
Department of Virginia
403 Lee Jackson Hwy
Staunton, VA 22401



2025 Veterans Benefits Guide Now Available

Don't miss out on what you've earned—check out the "2025 VA Federal Benefits Guide for Veterans, Dependents, Survivors, and Caregivers" handbook to learn more.

ACCESS THE FREE GUIDE

**Veterans
Crisis Line**
1-800-273-8255 **PRESS 1**

Confidential chat at VeteransCrisisLine.net
or text to **838255**

Post 7589 Service Officer

Monti Zimmerman

703-223-2211

The VFW National Home for Children

The VFW National Home for Children offers a once in a lifetime **opportunity** for military and veteran related families.

If you know of a family in your community that could use our help, please encourage them to call!

We are currently accepting new resident families into our program.
Most qualify to apply.
Caring staff will help families to determine eligibility.

A Great Place to Call Home!

800-313-4200

Legacy Life membership

This prestigious program is available to all Life members and is now available in memoriam for past Life members. There are three levels of membership; each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

Enrollment Cost:

Annual Payouts:

<u>Levels</u>	<u>Posts</u>	<u>Departments</u>	<u>National</u>
Gold-	\$1,200.00	\$18.00	\$18.00
Silver-	\$800.00	\$12.00	\$12.00
Bronze-	\$400.00	\$6.00	\$6.00

Don't throw away your old laptop or computer.



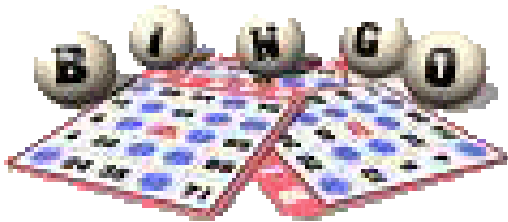
TECH FOR TROOPS
T4T Bring it to the Post and we'll take it to **TECH FOR TROOPS.**

Sorry, we cannot take CRT monitors or Printers.

What T4T needs the most are laptops, desktop computers, tablets, and cell phones.

These devices go to in-need Veterans after data destruction.

T4T guarantees Data Destruction for all devices that could contain data.



**SIGN UP TO JOIN
VFW ACTION CORPS**

RECEIVE OUR WEEKLY E-NEWSLETTER
AND ACTION ALERTS

Use camera mode to scan code



or

Text "VFW" to 50457

or

Visit vfw.org/JoinActionCorps

30 Games Including:

**\$750 Jackpot
(Starts with 51 numbers)**

Lucky 7 Progressive

**90:10 Jackpot
(Prize = 90% of sales)**

Pull Tabs & Hard Cards

**\$10.00 Bingo Book
(includes Early Birds)**

WEDNESDAY MORNINGS

OPEN TO THE PUBLIC

DOORS OPEN 7:30 AM

GAMES START AT 9:15 AM

**SPECIAL
BUY 2 BOOKS
GET A 1/2 BOOK FREE**

**Virginia Department
of
Veterans Services**

Manassas Office

**9300 W. Courthouse Rd.
Suite 305
703-479-7437**

Monday – Friday 8 a.m. – 4:30 p.m.

Appointments only 8:30 – 11:30 a.m. & 1 – 3 p.m.

Closed for lunch daily from 12 - 1 p.m.

CLOSED on the last business day of the month.

<https://www.dvs.virginia.gov/dvs/locations/manassas-benefits-office>

2024-25 Post Officers	
Commander	Wayne Moore
Senior Vice Commander	Lou Filippone
Junior Vice Commander	Ron Link
Quartermaster	Rick Raskin
Chaplain	Monti Zimmerman
1 Year Trustee	Chris Morgan
2 Year Trustee	Lamar Baker
3 Year Trustee	Tina Bliem
Adjutant	Ron Link
Service Officer	Monti Zimmerman
Judge Advocate	Bobby Knight
Surgeon	Alex Bliem

2024-25 Auxiliary Officers	
President	Mary Corkhill
Senior Vice President	Ellie Smith
Junior Vice President	Cindy McIntyre
Secretary	Lorrie Allen Smith
Treasurer	Elanor Doczi
Chaplain	Cookie Cullen
Conductress	Janet Raskin
Guard	Patsy Gough
Trustee 1	Yvonne Sullivan
Trustee 2	Janet Raskin
Trustee 3	Jan Germain
Historians	Jan Germain
	Patsy Gough
	Yvonne Sullivan
Patriotic Instructor	Lorrie Allen Smith

Upcoming Events

April 5	District 8 Convention — Post 3103, Fredericksburg — 10:00 AM
April 7	Youth Recognition Awards — 7:00 PM Post Meeting - 7:30 PM — Nomination of Post officers
April 14	Auxiliary Meeting - 2:00 PM — Election of Officers
April 17	Youth Committee Meeting — 7:00 PM
May 3	VFW National Day of Service — Habitat for Humanity — 11:00 AM
May 5	Post Meeting - 7:30 PM Election of Post officers
May 10	Flag Retirement Setup 9:30 AM, Ceremony 10:00 AM
May 12	Auxiliary Meeting - 2:00 PM
May 24—25	Buddy Poppy Drive — TBD
May 26	Memorial Day Activities — 8:30 AM —Veterans Memorial, 9:00 AM — Manassas Cemetery
June 2	Post Meeting - 7:30 PM
June 9	Auxiliary Meeting - 2:00 PM
June 18-21	State Convention, Hotel Madison Shenandoah Valley Conference Center 710 S. Main Street, Harrisonburg, VA
August 9-13	National Convention, Columbus, Ohio

VIRGINIA SENATORS		
Mark Warner		202-224-2023
Tim Kaine		202-224-4024
VIRGINIA REPRESENTATIVES		
Rob Wittman	1st District	202-225-4261
Jennifer Kagans	2nd District	202-225-4215
Bobby Scott	3rd District	202-225-8351
Jennifer McClellan	4th District	202-225-6365
Bob Good	5th District	202-225-4711
Ben Cline	6th District	202-225-5431
Abigail Spanberger	7th District	202-225-2815
Don Beyer	8th District	202-225-4376
Morgan Griffith	9th District	202-225-3861
Jennifer Wexton	10th District	202-225-5136
Gerry Connolly	11th District	202-225-1492



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Please email articles to quartermaster@vfw7589.org no later than the 27th of the month.
 We reserve the right to edit submitted articles for timeliness, clarity and syntax.